

**BICYCLE PATROL FAMILIARIZATION- ONE DAY  
8 HR. EXPANDED OUTLINE**

**STATEMENT OF PURPOSE:**

The course will provide the trainee with the minimum topics needed for an officer assigned to Bicycle Patrol. The course consists of a hands-on/practical skill.

**I. Registration**

1. UCIPD administrative record keeping
2. POST administrative record keeping

**II. Introduction/Course Objectives**

1. Instructors – name, police agency, service years, bike experience
  - a. Students – name, police agency, service years, bike experience,
  - b. Expectations – instructor/student
  - c. Objectives – must pass: timed obstacle course

**III. Student Manual/Handouts**

1. Current UCIPD bike patrol policies
  - a. Bike patrol strategies and safety
  - b. Uniforms and equipment
  - c. Officer responsibility
2. Record keeping
  - a. POST 2-111 Course Roster
3. Allied agency bike patrol policies

**IV. Bicycle/Equipment Inspection**

1. Instructors and Students will inspect student bicycles prior to use in class exercise
  - a. ABC Quick check
  - b. Lighting
    - i. Front/rear
    - ii. Emergency light
  - c. Siren

**V. Formation riding protocol review**

1. Column of 1 and 2 riding
  - a. Road conditions
  - b. Transitions
  - c. Communication
2. Hazards

- a. Hand signals
- b. verbal communications
3. Passing parked cars, lane changes, intersection control
4. Road guards and lane positioning
5. Rules of the road will be strictly adhered to

**VI. Bike fit/Maintenance**

1. Nomenclature
  - a. Frame
  - b. Gears
  - c. Brakes
  - d. Deraileur
  - e. Handlebar
  - f. Seat
  - g. Chain
  - h. Pedals
  - i. Suspension fork
  - j. Tire
2. Proper fit
  - a. Bike frame size/stand over height
  - b. Seat height/placement fore and aft
  - c. Handlebar height/placement

**VII. Confidence Ride**

1. Medium length (Location: UC Irvine)
  - a. Various terrains
  - b. Work brakes and gears
2. Assessment
  - a. Instructors visually observe rider's ability to follow commands, maintain safety, gear selection, and maintain good lane position, hazard avoidance

**VIII. History of Policing on Bicycles**

1. When bike patrol was established
2. Advantages
  - a. Cost saving
  - b. Community policing tool
  - c. Enforcement
  - d. Media

**IX. Nutrition**

1. Importance of water/hydration
2. Carbohydrates/Fats/Proteins
3. Stretching
4. Healthy food options

**X. Legal Aspects**

1. PC 835(a)
  - a. Authority and Criteria
    1. Know your agency's guidelines and policies.
2. Law updates
  - a. California Vehicle Codes
  - b. Emergency Vehicle/Pursuits
  - c. Municipal Code
  - d. Duty Manual
    - i). Policy and Procedure

**XI. Instructor Presentations (In the Field) (Instructors and Students)**

1. Maintenance
  - a. Tire Change and repair
  - b. Chain breaks
  - c. Clean-up
2. Students practice:
  - a. Mount
  - b. Dismount
  - c. Kickstand
3. Cone Patterns
  - a. Slalom
  - b. Power slide
  - c. Emergency breaking
  - d. Star
  - e. M-drill
4. Up and Down Curbs
5. Up and Down stairs
6. Curb bumps
7. Surfaces
  - a. Dirt, gravel, sand, grass, asphalt
8. Street Scenarios
  - a. Passing vehicles on left when vehicles are turning right
  - b. Riding through congested areas
9. Practice Obstacle Course
  - a. Sequence of cone patterns.
10. Practical Scenarios
  - a. Vehicles stops
  - b. Calls for service
  - c. Pedestrian stops

**XII. Instructor Presentations (In the Field/Part II)  
(Instructors and Students)**

1. Instructor observes each student complete the following:
  - a. Mount
  - b. Dismount

- c. Kickstand
- d. Cone Patterns
  - a. Slalom
  - b. Power slide
  - c. Emergency breaking
  - d. Star
  - e. M-drill
- e. Up and Down Curbs
- f. Up and Down stairs
- g. Curb bumps
- h. Surfaces
  - a. Dirt, gravel, sand, grass, asphalt
- i. Street Scenarios
- j. Practical Scenarios
  - a. Vehicle stops
  - b. Calls for service
  - c. Pedestrian stops
- 2. Obstacle Course
  - a. Student will be assessed based on completing the obstacle course that will be timed and scored

**XIII. Long Ride (Instructors and Students)**

- 1. Location: UC Irvine and surrounding areas in Irvine and Newport Beach, columns of 1 and 2, transitioning
- 2. Assessment
  - a. Instructors visually observe rider's ability to follow commands, maintain safety, gear selection, and maintain good lane position, hazard avoidance

**XIV. Course Recap and Evaluations**

- 1. Q&A Session
- 2. Evaluations